

VARSITY BOYS LACROSSE SENIORS



**ISAAC
ABRAMOVITZ**

67 * GOALIE

**UNITED STATES
AIR FORCE
ACADEMY**



WILL EDELL

21 * ATTACK/MIDI

OHIO WESLEYAN



BRAD HANSEN

**18 * DEFENSE/LS
MIDI**

**COLORADO
UNIVERSITY**



**COOPER
MCNEILLY**

35 * DEFENSE

**SAN DIEGO
STATE
UNIVERSITY**



**JACKSON
NAYLOR**

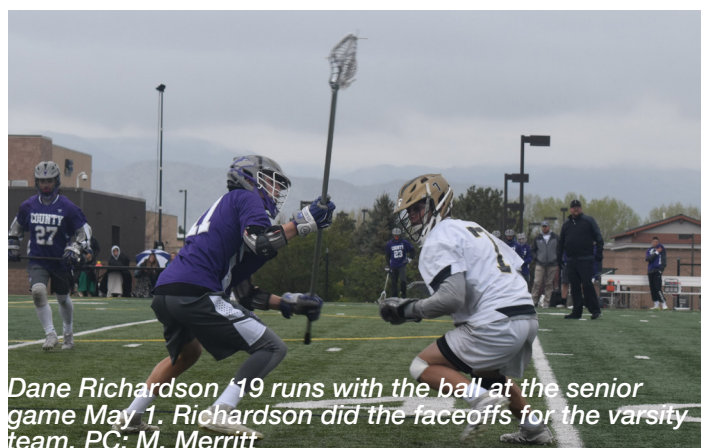
10 * MIDI

**CANISUS
COLLEGE**

LIVE LOVE LAX

What you need to know about the season, the team, and the brotherly bonds between the boys who spend most days after school together throughout the season.

By Maddy Merritt and Reagan Davis



Dane Richardson '19 runs with the ball at the senior game May 1. Richardson did the faceoffs for the varsity team. PC: M. Merritt

A STRONG SEASON

RC's varsity boys' lacrosse team is ranked fifth in the state and won all the games in the Continental League with a league score of 7-0. Their overall season score was 14-3, and the team made it to the second round of playoffs.

Midfield Tyler Buffington made the varsity lacrosse team this year after playing on the other teams.

"[Varsity lacrosse is] much more fast paced, there's a lot more you have to know and a lot of things you have to be looking out for. You have to pay attention to the details a lot more," Buffington said.

MIRRORS IN THE MIDFIELD

Senior twins Connor and Reece Treadwell are both midis on the varsity lacrosse team. Both will be attending Colorado State University in the fall. Before each game, the twins do their pre-game good luck handshake.

"It's very easy to play with my brother because we always know what we're doing-- we're on the same page because we've been playing together for many years. We just click really well on the field," Reece said.

"I like the competitive attributes we bring to the table. I love playing with him by my side. It's really fun because we can pretty much mirror each other on the field," Connor said.

FROM THE FIELD TO THE CLASSROOM

RC varsity boys' lacrosse coach John Gallant played professional lacrosse with the Colorado Mammoths for 16 years and was the captain for his last three years on the team. Gallant played in Washington, D.C., with them for two years and moved to Colorado with the franchise in 2001.

"Coaching athletics is just an extension of teaching, so having background of teaching and then obviously playing, it was an easier transition from one to the next," Gallant said.

Gallant has taught at RC for two years; this year he's teaching biology and chemistry. Gallant also does the television commentary

for the Colorado Mammoths to still be involved in the organization. In addition, he coaches high school lacrosse to help the next generation of lacrosse players.

"Coaching youth lacrosse and now high school lacrosse allows me to give back to the game and help educate young boys and girls, in this case at RC young men, the lessons that I learned from playing and from my coaches and teachers," Gallant said. "Growing up, I never thought I would be a professional lacrosse player or a teacher at any time, but going through the experiences in college and then after college, it is something I was very fortunate to be a part of and follow up with."

TEAMWORK ON THE TURF

While the players love lacrosse for different reasons, many appreciate the feeling of being on a team.

"My favorite part of lacrosse is actually probably the team aspect. Everyone that plays lacrosse is pretty chill and probably the best people I've met at RC so far," varsity defensive midfield Maxwell Buchalski said.

Buchalski transferred to RC at the beginning of second semester from Michigan and played basketball, coming into the lacrosse season one month ago.

Attack Colby Adams has been playing lacrosse for seven years.

"I just find it enjoyable. I'm really competitive, and I just love to win. All my friends play lacrosse, so I like being around them and playing with them," Adams said.

The boys practice six days a week, Monday through Saturday, for three hours each practice. They play for two hours and spend the other working out or watching film. Watching film is when the boys watch videos of other lacrosse teams, as well as recordings of themselves playing to learn how to improve their skills.

"We scout the other teams, and we watch film on our own practices so we can make ourselves better," Adams said.



**DANE
RICHARDSON**

7 * MIDI

**COLORADO
UNIVERSITY**



RYDEN SMALL

27 * DEFENSE

**COLORADO
UNIVERSITY**



JT THOMPSON

20 * GOALIE

**DENVER
UNIVERSITY**



**CONNOR
TREADWELL**

34 * MIDI

**COLORADO
STATE
UNIVERSITY**



**REECE
TREADWELL**

23 * MIDI

**COLORADO
STATE
UNIVERSITY**

STANDINGS

**OVERALL:
14-2**

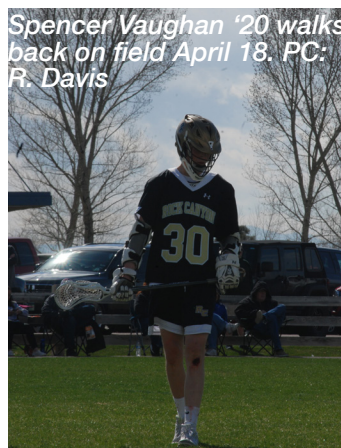
LEAGUE: 7-0

**LEAGUE
CHAMPIONS**

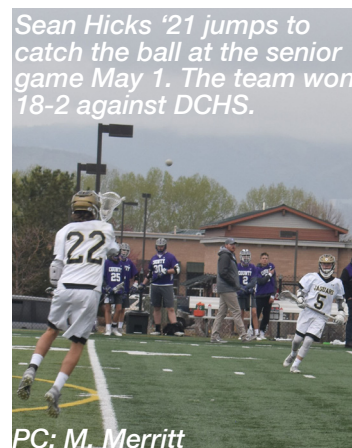
**4TH IN THE
STATE**



Mason Hibbett '22 prepares to receive the ball at the game vs. Chaparral April 18. Hibbett scored 22 goals this season. PC: R. Davis



Spencer Vaughan '20 walks back on field April 18. PC: R. Davis



Sean Hicks '21 jumps to catch the ball at the senior game May 1. The team won 18-2 against DCHS.

PC: M. Merritt

SOMEONE TO LOOK UP TO

Freshman midfielder Benjamin England on junior varsity has been playing lacrosse since the first grade.

"Having those upperclassmen on the team, it's good leadership, and you make a lot of friends, so it's really fun," England said. "[The varsity team] is huge leaders. Will Edell and Jackson Naylor are huge leaders. They help all the underclassman. [So does] Isaac Abramovitz. They're the role models for what we're going to be in a few years. They're a team together-- that's why they're doing so good this season is that they work together really well. We've done one full team dinner, which is all the teams together..."

According to England, the junior varsity team practices for an hour and a half about three days a week, with one to two games a week.

"We'll be all together for fifteen minutes-- all three teams together-- and then we'll break off and practice, each team individually just doing drills and usually just scrimmaging the whole time. All of us have known each other because we've played on the same spring team for such a long time, so we've known each other for a long [time] and have been friends for a while," England said.

IN IT TO WIN IT

The junior varsity team went undefeated the entire season with a final team record of 15-0-0. The team beat most major rival, Mountain Vista High School, May 4 with a score of 6-5, according to Ben England. The team went into triple overtime, which means the teams tied for the first two overtimes. Each overtime, according to England, was five minutes extra.

In addition, the junior varsity team won their game against Chaparral High School May 18 with a score of 9-3. They hadn't defeated Chaparral in two years.

The varsity team won their Senior game against Douglas County High School (DCHS) 18-2 May 1. Tryouts for the 2020 spring season begin Feb. 23, 2020.



Maxwell Buchalski '20 runs with the ball at the senior game May 1. Buchalski got five groundballs this season.

PC: R. Davis



PC: R. Davis

The varsity team has a mid-game meeting with Coach Gallant April 3. The team played at Echo Park Stadium.